

## ESSENTIAL ITEMS FOR YOUR SADDLEBAGS

- Equine and Human First Aid Kits
- An Extra Day of Prescribed Medications
- Headlamp or Flashlight (Headlamp is best for hands-free usage)
- Waterproof/Windproof Matches or Lighter
- Fire Starter
- Tin or Titanium Cup (that can be used over a small fire)
- Metal Spoon
- Iodine Tablets or Water Filter
- Map
- Compass or GPS
- Knife and/or Multi Tool
- Extra Food (dried soup, instant oatmeal, teabag, chocolate, granola bar, cheese and crackers; enough for an extra day) These items are in addition to the lunch you packed.
- Raingear
- Extra Clothing (Polartec or wool NOT cotton)
- Hat and Gloves
- Space Blanket
- Toilet Paper or Tissues (pocket packs are good)
- Duct Tape
- Insect Repellant
- Sunscreen
- Trash Bag
- “In Case of an Emergency” Card
- Halter and Lead Rope
- Hoof Pick
- Collapsible Bucket
- Rope
- Leather Strings
- Lip Balm
- Water (I use frozen bottles of water)